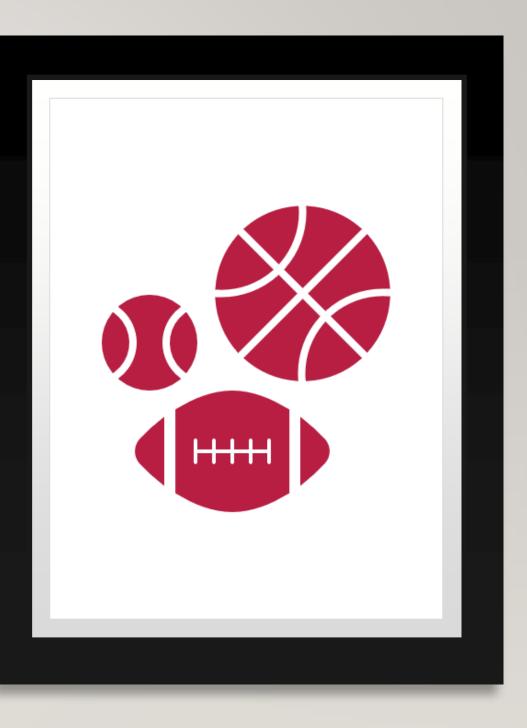
Stronger Together: Leadership in Athletics

Elite students unite with principals, athletic director, and athletes.

Fostering leadership, teamwork, and school pride.



EDUCATIONAL GOALS OF A QUALITY INTERSCHOLASTIC ATHLETICS PROGRAM



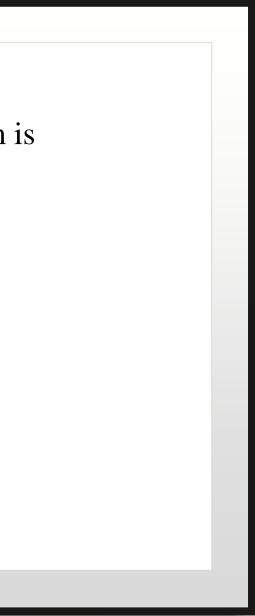
MISSION STATEMENT

New York State interscholastic athletic programs aim to foster the quest for excellence by creating an educational and competitive experience within an atmosphere of sportsmanship. Successful programs develop individual and team potential by promoting high competence, character, civility, and citizenship standards.

COMPETENCE

A student-athlete in a quality program is competent in terms of:

- Skill Development
- Knowledge of the game
- Strategies
- Fitness, Conditioning & Healthy Behaviors



Scenario - COMPETENCE

Mastering the Basics: A young tennis player spends extra hours practicing their serve and backhand. During a match, they execute these skills flawlessly, earning the respect of their opponent and the audience.

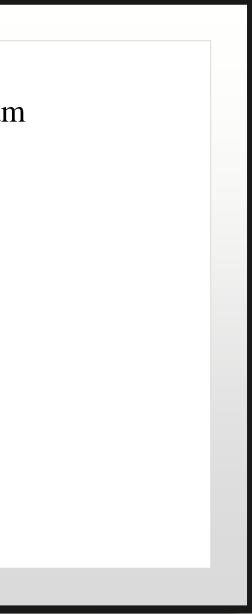
Cutting Corners: A high school basketball player skips practice sessions and relies on natural talent to perform during games.



CHARACTER

A student-athlete in a quality program demonstrates:

- Responsibility
- Accountability
- Dedication
- Trustworthiness
- Fair play
- Self Control



Scenario - CHARACTER

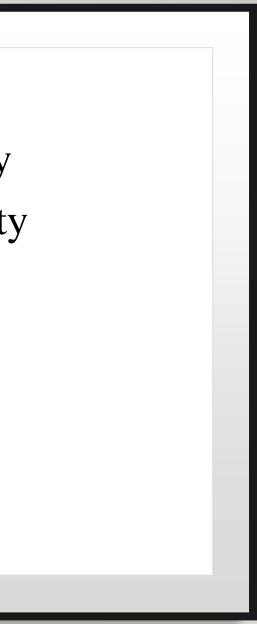
Honesty in Competition: During a soccer match, a player accidentally touches the ball with their hand inside the penalty box. Even though the referee doesn't see it, the player admits to the handball, resulting in a penalty kick for the opposing team.

Dishonesty in Competition: During a track meet, a runner deliberately trips an opponent to secure a win.

CIVILITY

A student-athlete in a quality program demonstrates civility toward others, showing:

- Respect
- Fairness
- Caring



Scenario - CIVILITY

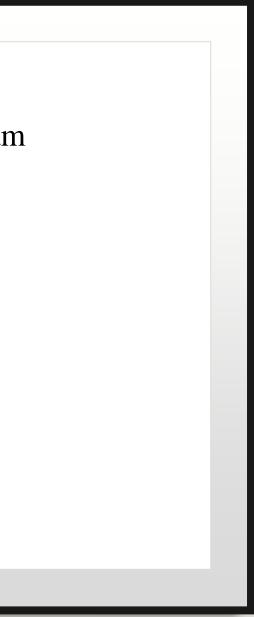
Respecting Opponents: In a heated basketball game, one player accidentally fouls another. Instead of arguing with the referee or the fouled player, they immediately apologize and help their opponent up.

Disrespecting Opponents: In a soccer match, a player taunts and insults their opponents after scoring a goal.

CITIZENSHIP

A student-athlete in a quality program demonstrates citizenship through actions showing evidence of:

- Loyalty
- Commitment
- Teamwork
- Role Modeling



Scenario - CITIZENSHIP

Ignoring Community Responsibilities: A high school football team is invited to participate in a community service event, but the players choose to skip it in favor of a party.

Community Engagement: A local baseball team organizes a charity game to raise funds for a community project. Players from both teams volunteer their time and effort to make the event a success.

SCENARIOS

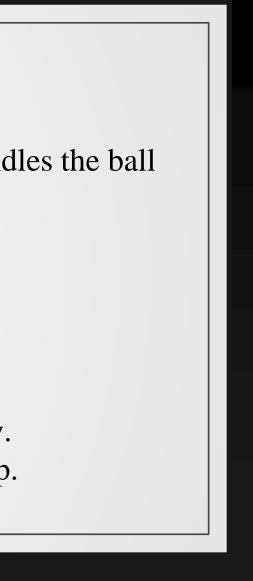


FAIR PLAY AND HONESTY

• Situation: During a soccer match, one of your players accidentally handles the ball and scores a goal. The referee doesn't notice.

• Teaching Moment:

- Gather the team and discuss the incident.
- Emphasize the importance of honesty and fair play.
- Ask the player to admit the mistake and forfeit the goal voluntarily.
- Use this as an opportunity to reinforce integrity and sportsmanship.



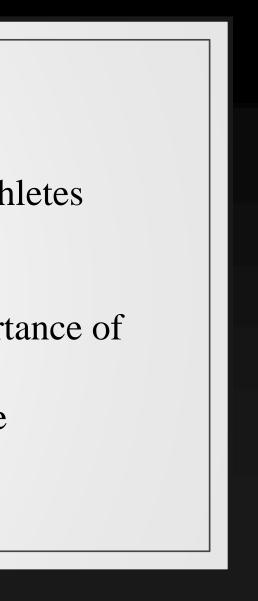
RESPECTING OPPONENTS

- Situation: Your basketball team is winning by a large margin against an underperforming opponent.
- Teaching Moment:
 - Remind your players that respect for opponents is essential, regardless of the score.
 - Encourage them to play hard but also show empathy and sportsmanship.
 - Suggest they help up fallen opponents, offer encouragement, and avoid taunting.



LEADERSHIP AND ACCOUNTABILITY

- Situation: Your track and field team captain notices some athletes skipping practice.
- Teaching Moment:
 - The captain can address the team, emphasizing the importance of commitment and accountability.
 - Discuss how leaders set an example by attending practice consistently and supporting teammates.
 - Encourage open communication and responsibility.



TRANSACTIONAL VS. TRANSFORMATIONAL



Transactional coaching is focused on actions. It's about performance. It says, "You do this for me, I'll do that for you."



the person. It person.

Transformational coaching is focused on communicates, "I am here as a coach to help you grow not just as an athlete but as a whole

The Power of Unity

S

Collaboration

Bringing diverse perspectives together for shared goals.

UHb

Strength

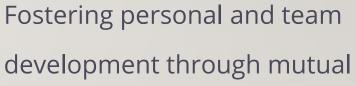
Amplifying individual talents through collective effort.



Growth

support.

Emily McCartney from Fontbonne Hall Academy





Student Leadership



Voice of the Athletes

Representing peer interests and concerns to administration.

Initiative Drivers 2

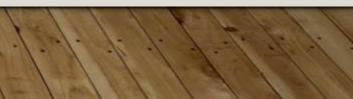
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Spearheading new programs to enhance athletic experience.

peers.

Role Models

Exemplifying sportsmanship and academic excellence for



Administrative Support

Principal's Vision

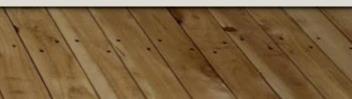
Aligning athletics with overall school mission and values.

Athletic Director's Expertise

Providing strategic guidance and resource management for programs.

Coaches

Bridging academics and athletics for holistic student development.



Building a Winning Culture

Define principles guiding behavior on and off field.

- 2 Implement Leadership Training Develop skills through workshops and real-world experiences.
 - Foster Mentorship

1

3

4

Create programs pairing experienced athletes with newcomers.

Celebrate Achievements Recognize individual and team successes across all sports.



Community Impact







Organizing initiatives to give back to local community.

School Spirit

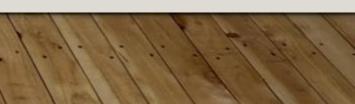
Boosting morale and unity through exciting athletic events.



Youth Outreach

school visits and clinics.

Inspiring next generation through



Overcoming Challenges Together

Identify Issues

1

2

3

Open forums to discuss concerns affecting athletic community.

Collaborative Solutions

Brainstorming sessions with diverse stakeholders to address problems.

Implement Changes

Working as one to put new ideas into action.

Evaluate Progress

4 Regular check-ins to ensure positive impact of initiatives.



The Path Forward

Commitment to continuous growth and excellence in athletics.

Innovation Embracing new training methods and technologies.	Inclusion Ensuring all students have opportur participate and lead.
Legacy	Balance
Building traditions that inspire future generations	Promoting well-rounded developme
of athletes.	academics.

cunities to

ment in sports and



CONNECTING ALL THE DOTS

COACHES

- Coaches as Educators Project
 - Rationale
 - Video
 - Toolkit and Resources
 - Impact

PARENTS

- Parents as Role Models
 - Rationale
 - Project Goals
 - How to engage



WHERE TO GO FROM HERE?



HOW TO CONNECT WITH US

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Carol Hayes – Executive Director, Catholic School Administrators Association of NYS csaanys@twc.com

Video and Toolkit available at <u>www.csaanys.org</u>

