

A group of approximately 15 people, including students and adults, are posed together on a sports field. The students are wearing matching light blue athletic uniforms. The adults are in casual or athletic attire. They are standing in front of a large, empty stadium with tiered seating.

# Stronger Together: Leadership in Athletics

Elite students unite with principals, athletic director, and athletes.

Fostering leadership, teamwork, and school pride.

# EDUCATIONAL GOALS OF A QUALITY INTERSCHOLASTIC ATHLETICS PROGRAM

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# MISSION STATEMENT

New York State interscholastic athletic programs aim to foster the quest for excellence by creating an educational and competitive experience within an atmosphere of sportsmanship. Successful programs develop individual and team potential by promoting high competence, character, civility, and citizenship standards.



# COMPETENCE

A student-athlete in a quality program is competent in terms of:

- Skill Development
- Knowledge of the game
- Strategies
- Fitness, Conditioning & Healthy Behaviors

# Scenario - COMPETENCE

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**Mastering the Basics:** A young tennis player spends extra hours practicing their serve and backhand. During a match, they execute these skills flawlessly, earning the respect of their opponent and the audience.

**Cutting Corners:** A high school basketball player skips practice sessions and relies on natural talent to perform during games.



# CHARACTER

A student-athlete in a quality program demonstrates:

- Responsibility
- Accountability
- Dedication
- Trustworthiness
- Fair play
- Self Control

# Scenario - CHARACTER

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**Honesty in Competition:** During a soccer match, a player accidentally touches the ball with their hand inside the penalty box. Even though the referee doesn't see it, the player admits to the handball, resulting in a penalty kick for the opposing team.

**Dishonesty in Competition:** During a track meet, a runner deliberately trips an opponent to secure a win.





# CIVILITY

A student-athlete in a quality program demonstrates civility toward others, showing:

- Respect
- Fairness
- Caring



# Scenario - CIVILITY

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**Respecting Opponents:** In a heated basketball game, one player accidentally fouls another. Instead of arguing with the referee or the fouled player, they immediately apologize and help their opponent up.

**Disrespecting Opponents:** In a soccer match, a player taunts and insults their opponents after scoring a goal.



# CITIZENSHIP

A student-athlete in a quality program demonstrates citizenship through actions showing evidence of:

- Loyalty
- Commitment
- Teamwork
- Role Modeling

# Scenario - CITIZENSHIP

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**Ignoring Community Responsibilities:** A high school football team is invited to participate in a community service event, but the players choose to skip it in favor of a party.

**Community Engagement:** A local baseball team organizes a charity game to raise funds for a community project. Players from both teams volunteer their time and effort to make the event a success.





# SCENARIOS

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## FAIR PLAY AND HONESTY

- **Situation:** During a soccer match, one of your players accidentally handles the ball and scores a goal. The referee doesn't notice.
- **Teaching Moment:**
  - Gather the team and discuss the incident.
  - Emphasize the importance of honesty and fair play.
  - Ask the player to admit the mistake and forfeit the goal voluntarily.
  - Use this as an opportunity to reinforce integrity and sportsmanship.

# RESPECTING OPPONENTS

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- **Situation:** Your basketball team is winning by a large margin against an underperforming opponent.
- **Teaching Moment:**
  - Remind your players that respect for opponents is essential, regardless of the score.
  - Encourage them to play hard but also show empathy and sportsmanship.
  - Suggest they help up fallen opponents, offer encouragement, and avoid taunting.





# LEADERSHIP AND ACCOUNTABILITY

- **Situation:** Your track and field team captain notices some athletes skipping practice.
- **Teaching Moment:**
  - The captain can address the team, emphasizing the importance of commitment and accountability.
  - Discuss how leaders set an example by attending practice consistently and supporting teammates.
  - Encourage open communication and responsibility.

# TRANSACTIONAL VS. TRANSFORMATIONAL

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Transactional coaching is focused on actions. It's about performance. It says, "You do this for me, I'll do that for you."



Transformational coaching is focused on the person. It communicates, "I am here as a coach to help you grow not just as an athlete but as a whole person."

# The Power of Unity



## Collaboration

Bringing diverse perspectives together for shared goals.



## Strength

Amplifying individual talents through collective effort.



## Growth

Fostering personal and team development through mutual support.



# Student Leadership

1

## Voice of the Athletes

Representing peer interests and concerns to administration.

2

## Initiative Drivers

Spearheading new programs to enhance athletic experience.

3

## Role Models

Exemplifying sportsmanship and academic excellence for peers.



# Administrative Support

## Principal's Vision

Aligning athletics with overall school mission and values.

## Athletic Director's Expertise

Providing strategic guidance and resource management for programs.

## Coaches

Bridging academics and athletics for holistic student development.



# Building a Winning Culture

1

## Establish Core Values

Define principles guiding behavior on and off field.

2

## Implement Leadership Training

Develop skills through workshops and real-world experiences.

3

## Foster Mentorship

Create programs pairing experienced athletes with newcomers.

4

## Celebrate Achievements

Recognize individual and team successes across all sports.



# Community Impact



## Service Projects

Organizing initiatives to give back to local community.



## School Spirit

Boosting morale and unity through exciting athletic events.



## Youth Outreach

Inspiring next generation through school visits and clinics.

# Overcoming Challenges Together

1

## Identify Issues

Open forums to discuss concerns affecting athletic community.

2

## Collaborative Solutions

Brainstorming sessions with diverse stakeholders to address problems.

3

## Implement Changes

Working as one to put new ideas into action.

4

## Evaluate Progress

Regular check-ins to ensure positive impact of initiatives.

# The Path Forward

Commitment to continuous growth and excellence in athletics.

## Innovation

Embracing new training methods and technologies.

## Inclusion

Ensuring all students have opportunities to participate and lead.

## Legacy

Building traditions that inspire future generations of athletes.

## Balance

Promoting well-rounded development in sports and academics.



# CONNECTING ALL THE DOTS

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## COACHES

- Coaches as Educators Project
  - Rationale
  - Video
  - Toolkit and Resources
  - Impact

## PARENTS

- Parents as Role Models
  - Rationale
  - Project Goals
  - How to engage



# WHERE TO GO FROM HERE?

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# HOW TO CONNECT WITH US

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